



WEEK 4



The Rangers Charity Foundation is delighted to bring you weekly workbooks, bursting with activities to help keep children's minds active in a fun way, whilst we are all staying at home and staying safe.

1. Wordsearch

Can you find these 10 past Rangers captains in our wordsearch?

Print me out or mark me up on your device, if you can. Or email rangerscharity@rangers.co.uk and we'll post you a copy!

A	G	B	E	H	M	R	E	U	U	O	R	L	C
E	O	U	U	O	L	G	O	O	R	W	N	C	R
N	H	T	S	O	U	G	H	I	W	C	L	S	W
W	O	C	O	A	C	G	E	O	O	G	E	A	A
F	A	H	I	S	U	W	W	A	A	T	G	M	L
O	E	E	B	O	E	K	E	M	K	L	N	C	L
G	D	R	G	C	E	U	U	O	R	K	A	C	A
C	G	A	G	W	M	U	O	R	R	L	R	U	C
R	O	R	V	U	E	I	E	U	L	O	O	L	E
O	G	R	E	I	S	L	E	S	A	S	E	L	I
G	V	H	K	I	S	O	I	O	I	K	R	O	I
E	C	G	I	L	G	G	N	B	L	M	G	C	C
O	E	I	T	E	G	E	O	E	L	L	D	H	A
C	G	N	L	U	H	U	R	G	R	H	C	O	E

GOUGH

AMORUSO

FERGUSON

KLOS

WEIR

DAVIS

BUTCHER

MCCULLOCH

WALLACE

GREIG

2. Speak their language

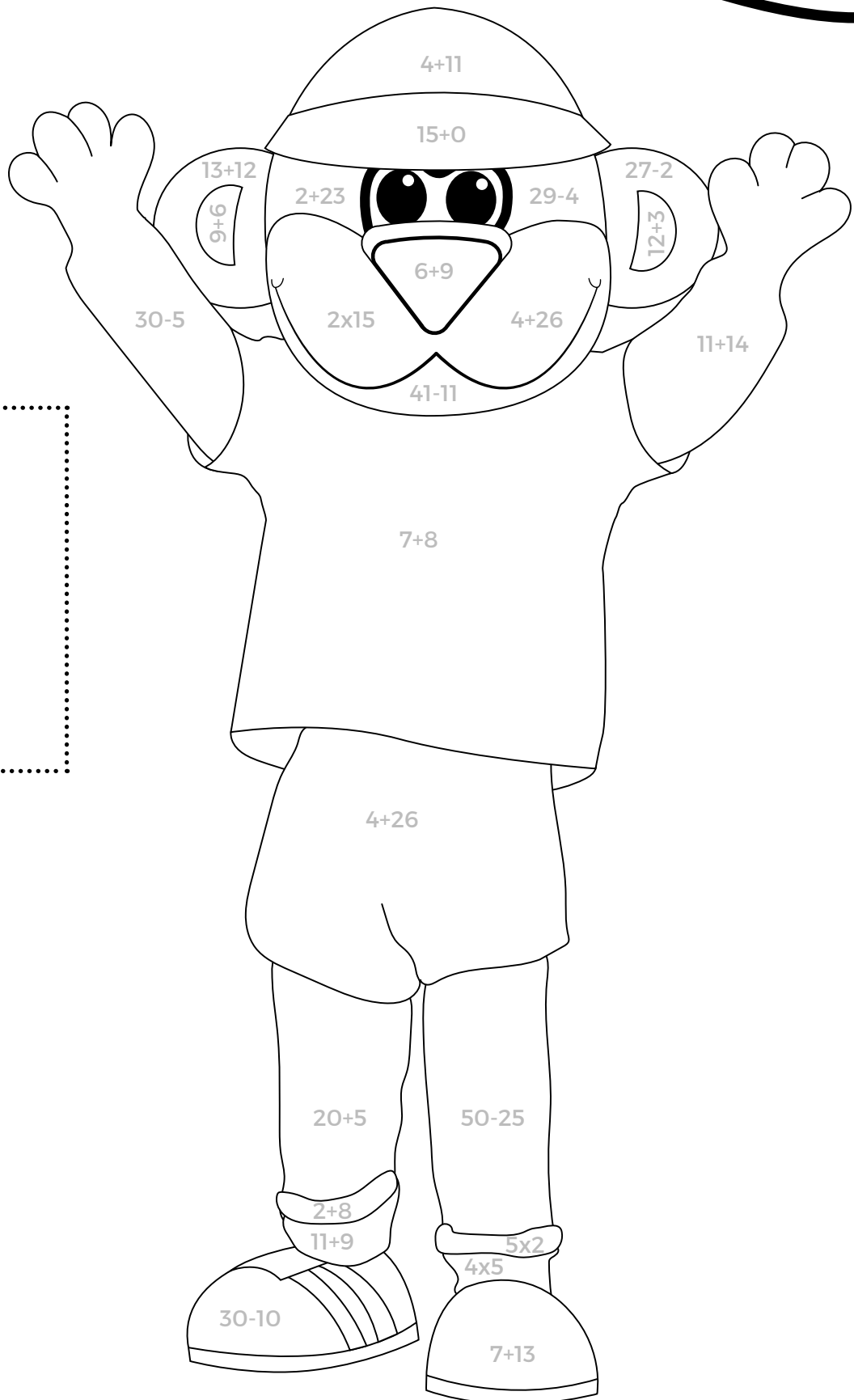
Can you work out what these body parts are from our player's native languages?

- Morelos has two 'pies', which he uses to score goals: _____.
Morelos speaks Spanish!
- Helander might use his 'huvud' to help defend the goal: _____.
Helander speaks Swedish!
- Borna Barisic uses his 'ruke' during a throw-in: _____.
Barsic is Croatian!
- Hagi might use his 'cufăr' to control a long-range pass: _____.
Hagi is from Romania!

3. Broxi by numbers!

Can you work out what colours you need to colour in Broxi Bear, using these sums?

Print me out
and colour me in!



Key:

Red = 10

Blue = 15

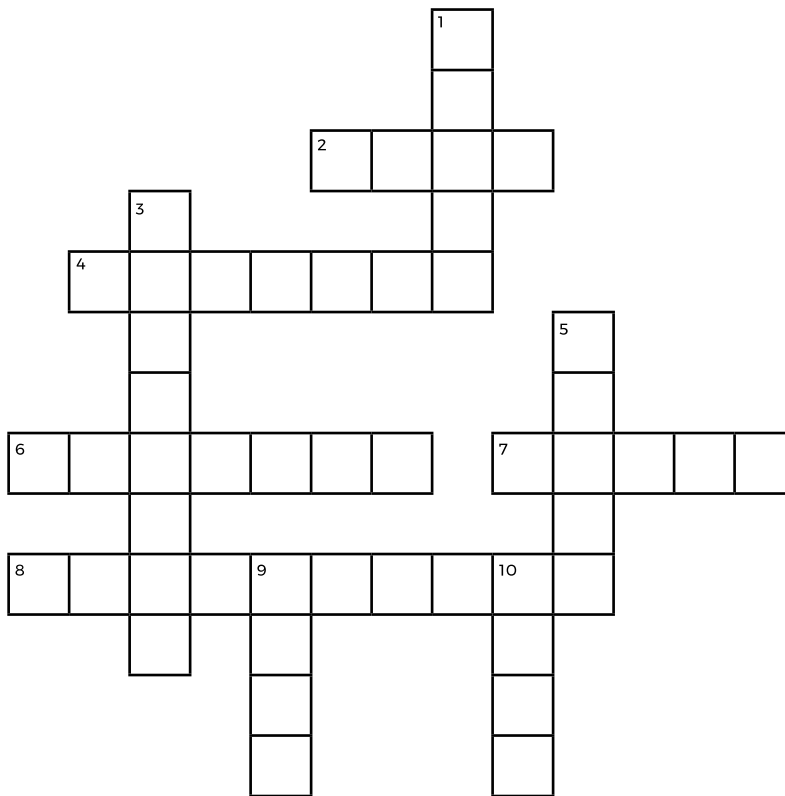
Black = 20

Brown = 25

White = 30

4. Crossword

Can you work out these 10 healthy foods, using the clues below?



Across

2. This has a number of varieties, can be bought in a tin but also very popular when home made with vegetables.
4. This type of food is normally eaten from a pot and comes in a variety of flavours. Often you may see it as Greek or Natural.
6. A very popular white meat and can be eaten in a number of different ways.
7. This is usually made up of leafy greens and other vegetables, can also be made up of fruit
8. Potatoes, carrots and onions are all types of these.

Down

1. There are so many different types including apples, bananas and strawberries.
3. Normally eaten as a breakfast cereal, people usually add sugar or salt to their oats.
5. These are often in a tin and baked in tomato sauce, popular on toast.
9. A saltwater fish you would often eat from a tin. Popular with pasta or on a baked potato.
10. A great source of protein and can be boiled, poached or scrambled.

5. Spot the difference!

Can you spot the 5 differences between these two pictures of George Edmundson?



Completed by _____ age _____

We'd love to see your completed worksheets, or images of the family enjoying them! If you'd like, you can share these on social media tagging @RFC_Charity and using #AFoundationFromHome.

Answers
Girl on left: 1. Purple bib
George Edmundson: 2. RFC Charity logo removed 3. RFC crest removed from trousers 4. Red ball
Girl on left: 1. Purple bib